# Prayer and Worship in the style of the Taizé Community. As we find some relief from the privations of lockdown and its aftermath, we think of the joy and blessings we receive.



... my lips will shout with joy when I sing praises to you; my soul also, which you have rescued. *from Psalm 71* 

#### **Opening Silence**

Slow me down Lord. Ease the pounding of my heart by the quietening of my mind. Steady my hurried pace with the vision of the eternal reach of time. Give me, amid the confusion of the day, the calmness of the everlasting hills.

*Chant*: Into your hands, O Father

#### A reading from the book of Genesis

God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.'

#### Silence

#### **Confession:**

The Lord looks on his servants with pity, not with blame. In our sight we do not stand; in God's sight we do not fall. Both these insights are true but the greater belongs to God.

Silence as we place ourselves into the merciful hands of God.

*Chant*: In the Lord I'll be ever thankful

## A Form of the Beatitudes

Blessed are those who can laugh at themselves; they will have no end of fun.

Blessed are those who can tell a mountain from a molehill; they will be saved a lot of trouble.

Blessed are those who know how to relax without looking for excuses; they are on the way to becoming wise.

Blessed are those who know when to be quiet and listen; they will learn a lot of new things.

Blessed are those who are sane enough not to take themselves too seriously; they will be valued by those around them.

Happy are those who can take small things seriously, and take serious things calmly; they will go far in life.

Happy are those who can be kind in understanding the attitudes of others; they may be taken for fools, but that is the price of charity.

Happy are those that can appreciate a smile, and forget a frown; they will walk in the sunshine.

Blessed are they who think before acting, and pray before thinking; they will avoid many blunders.

Blessed are they who recognise the Spirit in all whom they meet; the light of truth will shine in their lives.

## Silence

Chant: Adoramus te, domine

## A reading from the letter to the Galatians

For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, 'You shall love your neighbour as yourself.'

Live by the Spirit, I say, and do not gratify the desires of the flesh.

The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit. Let us not become conceited, competing against one another, envying one another.

from Galatians 5

## Silence

*Chant*: Lord of all goodness

#### A reading from the prophet Isaiah

For you will go out with joy and be led back in peace; the mountains and hills before you shall burst into song, and the trees of the field shall clap their hands.

from Isaiah 55

### Silence

*Chant*: Gloria, gloria, in excelsis deo *During this chant you may wish to light a candle as a sign of your prayers and your hope and trust.* 

#### **Prayers:**

For all the many ways your people have suffered and continue to suffer because of Covid19 Lord, hear our prayer For those who work to relieve the suffering of others across our world and in the worldwide church Lord, hear our prayer For those working among the dispossessed and the destitute Lord, hear our prayer For asylum seekers and refugees in this country and abroad Lord, hear our prayer For the aged and sick and housebound Lord, hear our prayer For the lonely Lord, hear our prayer For those who struggle with mental illness and those with learning disabilities Lord, hear our prayer For those who suffer silently and are tempted to despair Lord, hear our prayer For the bereaved and those who watch with the dying Lord, hear our prayer For those who suffer because of the prejudices of others Lord, hear our prayer For all peoples who face hostility for their Christian commitment Lord, hear our prayer For the Incarnation, Death and Resurrection of our Lord Jesus Christ We thank you, O God For our membership in Christ's Church and in the church communities where we We thank you, O God are known For our calling as followers of Christ We thank you, O God For the beautiful and life sustaining world in which we live We thank you, O God

#### Silence

Chant: O Lord, hear our prayer

#### Silence

#### **Final Prayer:**

O God, our protector, by whose mercy the world turns safely into darkness and returns again to light: we give into your hands our unfinished tasks, our unsolved problems, and our unfulfilled hopes; for you alone are our sure defence and bring us lasting peace in Jesus Christ our Lord. **Amen** 

*Chant*: Jesus, Remember me

## We leave in silence

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