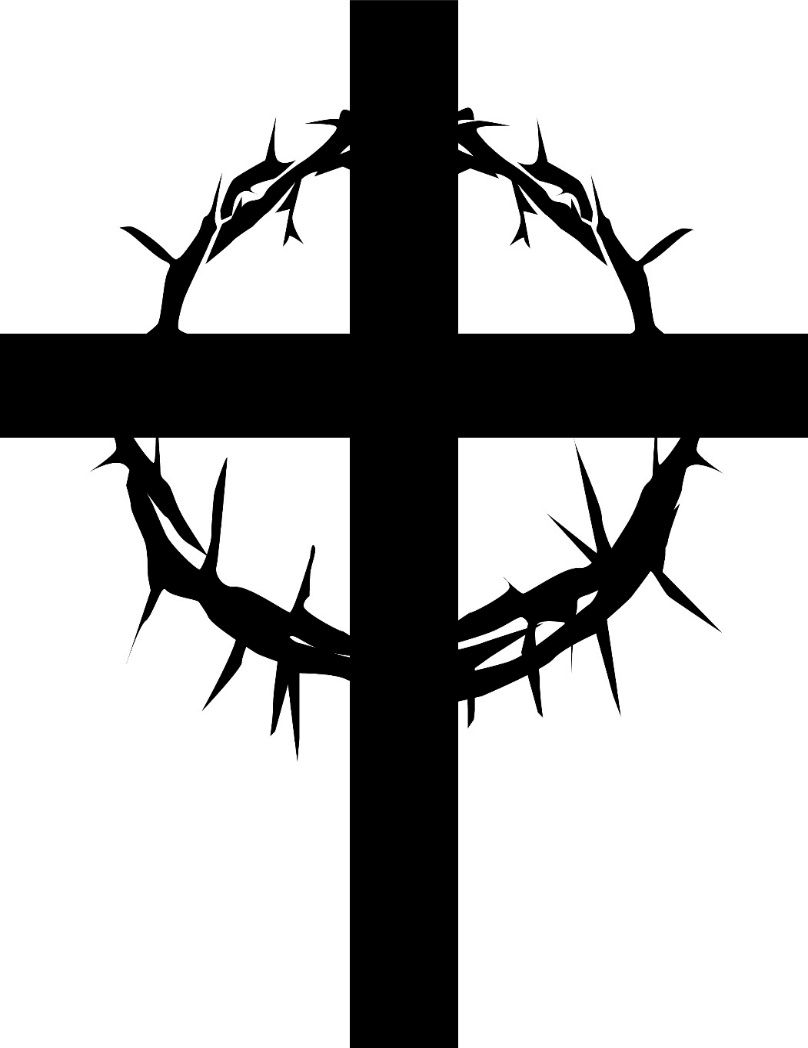
**The Alde River Benefice**



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**Holy Communion in Lent**

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**¶ The Gathering**

**Welcome and Notices**

**Hymn**

In the name of the Father, and of the Son, and of the Holy Spirit.

*All* **Amen.**

**The Greeting**

The Lord be with you

*All* **and also with you.**

**Prayer of Preparation**

*All* **Almighty God, to whom all hearts are open, all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name; through Christ our Lord.  
Amen.**

**Prayers of Penitence**

Compassion and forgiveness belong to the Lord our God,

though we have rebelled against him.

Let us then renounce our wilfulness and ask his mercy

by confessing our sins in penitence and faith.

*Silence*

Lord Jesus Christ,

we confess we have failed you as did your first disciples.

We ask for your mercy and your help.

Our selfishness betrays you:  
 Lord, forgive us.  
*All* **Christ have mercy.**

We fail to share the pain of your suffering:  
 Lord, forgive us.  
*All* **Christ have mercy.**

We run away from those who abuse you:  
 Lord, forgive us.  
*All* **Christ have mercy.**

We are afraid of being known to belong to you:  
 Lord, forgive us.  
*All* **Christ have mercy.**

**Absolution**

Almighty God, who forgives all who truly repent,  
 have mercy upon you, pardon and deliver you from all your sins,  
 confirm and strengthen you in all goodness,

and keep you in life eternal; through Jesus Christ our Lord.

*All*  **Amen.**

**The Collect**

*The Collect is said and all respond*

*All***Amen.**

**¶ The Liturgy of the Word**

**Reading**

*At the end the reader say’s:*

This is the word of the Lord.

*All* **Thanks be to God.**

**Hymn**

**Gospel Reading**

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to *N*.

*All* **Glory to you, O Lord.**

*at the end*

This is the Gospel of the Lord.

*All* **Praise to you, O Christ.**

**Sermon**

**The Creed**

Let us declare our faith in God, Father, Son and Holy Spirit.

*All* **We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,   
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,   
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,   
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**Prayers of Intercession**

*The prayers may include one of these responses*

Lord, in your mercy *(or)* Let us pray to the Lord

*All* **hear our prayer.** *All***Lord have mercy**

*The prayers end with*

Merciful Father,

*All* **accept these prayers for the sake of your Son,  
 our Saviour Jesus Christ.  
 Amen.**

**¶ The Liturgy of the Sacrament**

**The Peace**

Since we are justified by faith,  
 we have peace with God through our Lord Jesus Christ,  
 who has given us access to his grace.

The peace of the Lord be always with you

*All* **and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

**Preparation of the Table**

**Taking of the Bread and Wine**

**Hymn**

*The gifts of the people may be gathered and presented.*

*The table is prepared and bread and wine are placed upon it.*

God of mercy and compassion,  
your Word calls us home to faith and love.  
accept all we offer you this day;

in the name of Jesus Christ the Lord.

*All* **Amen.**

**Eucharistic Prayer**

The Lord be with you

*All* **and also with you.**

Lift up your hearts.

*All* **We lift them to the Lord.**

Let us give thanks to the Lord our God.

*All* **It is right to give thanks and praise.**

It is indeed right and good to give you thanks and praise,  
almighty God and everlasting Father,

through Jesus Christ your Son.  
For in these forty days you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds we bless you for your mercy  
and join with saints and angels for ever praising you and saying:

*All***Holy, holy, holy Lord, God of power and might,  
 heaven and earth are full of your glory.  
 Hosanna in the highest.  
 Blessed is he who comes in the name of the Lord.  
 Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,

took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;

do this in remembrance of me.

In the same way, after supper

he took the cup and gave you thanks; he gave it to them, saying:  
 Drink this, all of you; this is my blood of the new covenant,  
 which is shed for you and for many for the forgiveness of sins.  
 Do this, as often as you drink it, in remembrance of me.

Christ is the bread of life:

*All* **When we eat this bread and drink this cup,  
 we proclaim your death, Lord Jesus, until you come in glory.**

And so, Father, calling to mind his death on the cross,

his perfect sacrifice made once for the sins of the whole world;

rejoicing in his mighty resurrection and glorious ascension,

and looking for his coming in glory,

we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,

we bring before you this bread and this cup

and we thank you for counting us worthy

to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup,  
so that we, in the company of all the saints,

may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father,  
for ever and ever.

*All* **Amen.**

**The Lord’s Prayer**

Trusting in the compassion of God, *Sit or Kneel*

let us pray with confidence as our Saviour has taught us

*All***Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done; on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,**

**for ever and ever. Amen.**

**Breaking of the Bread**

We break this bread to share in the body of Christ.

*All***Though we are many, we are one body,  
 because we all share in one bread.**

**Agnus Dei**

*All* **Lamb of God, you take away the sin of the world,  
 have mercy on us.**

**Lamb of God, you take away the sin of the world,  
 have mercy on us.**

**Lamb of God, you take away the sin of the world,  
 grant us peace.**

**Giving of Communion**

Jesus is the Lamb of God who takes away the sin of the world.  
Blessed are those who are called to his supper.

*All* Lord, I am not worthy to receive you,but only say the word, and I shall be healed.

*The president and people receive communion.*

The body of Christ, broken for you.  
The blood of Christ, shed for you.

**Prayer after Communion**

*Silence is kept.*

*The post communion prayer is said and all respond*

*All***Amen.**

*All* **Almighty God, we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice. Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

**¶ The Dismissal**

**Hymn**

**Responsory**

This is love, not that we loved God,       
*All* but that he loved us and sent his Son.

He is the sacrifice for our sins,  
*All* that we might live through him.

If God loves us so much  
*All* we ought to love one another.

If we love one another  
*All* God lives in us.

**Blessing**

Christ give you grace to grow in holiness,   
 to deny yourselves, take up your cross, and follow him;  
 and the blessing of God almighty,  
 the Father, the Son, and the Holy Spirit,  
 be among you and remain with you always.

*All* **Amen.**

Go in peace to love and serve the Lord.

*All* **In the name of Christ. Amen.**